

2026

January

PRAYER

Connecting with God

The purpose of this prayer guide is to offer an on-ramp into talking with your Father in Heaven. It's not all that prayer can be, but it is a start. Even if all you have is 2 minutes, that's ok. But if the Holy Spirit draws you in, let Him lead as the conversation continues. The back page offers additional guidance about prayer. If you would like to partake in **Monthly Scripture**, read through **The Book of Joshua**.

Thurs.
Jan. 1

Loving Father - Open our eyes to see how you love us and our hearts to receive it.

Fri.
Jan. 2

Consistent God - In an ever-changing world, help us to recognize your reliability.

Mon.
Jan. 5

All-Knowing - When I don't know what to do, help me hear your direction.

Tues.
Jan. 6

All-Powerful - Take action and move in our world today, revealing that your power is greater.

Wed.
Jan. 7

Compassionate One - As you have poured out your compassion on me, help me be compassionate today with _____.

Thurs.
Jan. 8

Provider - You are the source of all that I need, strengthen me to receive what you've provided.

Fri.
Jan. 9

Defender - For those who are suffering, be our strength and shield.

Mon.
Jan. 12

King - All praise, honor, glory and power are yours...our King and our God.

Tues.
Jan. 13

Shepherd - When I've been lost, you always find me...when I've needed guidance, you offered direction.

Wed.
Jan. 14

Firm Foundation - Though the world around me crumble, you are the rock on which I can stand.

Thurs.
Jan. 15

Wise - God, your ways are not our ways...your thoughts are greater than ours.

Fri.
Jan. 16

Faithful - Even when everyone and everything else falters, you Lord never do.

Mon.
Jan. 19

Gracious - May the grace you pour out on your people live in me toward _____.

Tues.
Jan. 20

Deliverer - The bondage I have known is not your intention for my life...I choose freedom in Christ today.

Wed.
Jan. 21

Just - As a good Father, you correct your children perfectly...correct me today in the ways I am wandering.

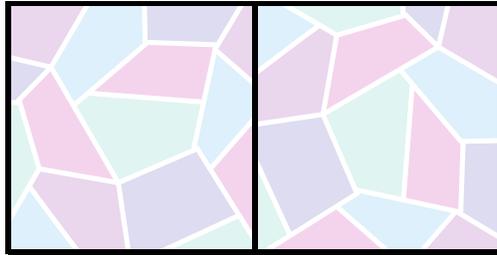
Thurs. Jan. 22	Ever Present - There is never a moment of any day that you are far from me...reveal this for my neighbors
Fri. Jan. 23	Living Water - Quench my thirsty soul, Lord... remind me how to drink deep at the well of my savior, Jesus.
Mon. Jan. 26	Glorious One - There is none like you, Lord... nothing in all creation compares to you.
Tues. Jan. 27	Merciful Savior - Your mercies are new every morning, thank you for your forgiveness.
Wed. Jan. 28	Healer - At your hand are our infirmities healed... restore this broken people, heal this broken land.
Thurs. Jan. 29	Author & Finisher - Alpha and Omega, beginning and end...you are life and you are our hope.
Fri. Jan. 30	Good - There is no one good, only our God... spread your goodness upon the world through your Church.

There are many different ways to engage in prayer... contemplative, bold, out loud, silently, with a group, or solo. Through meditation, repetition, spontaneously, or through pre-written words. We can pray standing, sitting, lying down, or on a walk. There are models developed to help people pray well...the Lord's Prayer is one of them. The next page is another. If it helps you to have some guidance for prayer, try the steps on the next page to guide you in talking with the Lord.

1 Peter 5:7: "Cast all your anxiety on him because he cares for you."

ACTS

PRAYER MODEL



ADORATION | CONFESSION | THANKSGIVING | SUPPLICATION

(A)doration – Open your time of prayer praising the Lord for who He is and what He is like. Adoration leads us to begin our prayer time with a heart of worship, deep love, and reverence for the Lord.

(C)onfession – “If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.” (1 John 1:9) Remembering our need for a savior and clearing the air between us and our Father goes a long way in deepening the relationship.

(T)hanksgiving – “Give thanks in all circumstances; for this is God’s will for you in Christ Jesus.” (1 Thessalonians 5:18) Gratitude is a powerful tool for the human heart. It is restorative for the soul. It offers perspective which fights against untruth, selfishness, arrogance, and pride. Softening our hearts before the Lord is vital when talking to Him.

(S)upplication – This is a fancy word for ‘asking God to meet our needs.’ Get specific, cry out to God for help, lay your cares at His feet believing His promise that He answers our cries for help.